

BASPYDSC153 COURSE II - FOUNDATIONS OF BEHAVIOUR

Theory Marks: 60
Internal Assessment: 40
Total Marks: 100
Total No. of teaching hours: 52
Credits: 04

Course Outcomes:

After successful completion of the course students will be able to:

CO1: Evaluate and understand the different human emotions.

CO2: Critically evaluate and identify determinants of motivation.

CO3: Compare and contrast different theories of intelligence.

CO4: Understand human thinking and reasoning abilities.

CO4: Differentiate human personalities.

UNIT I: EMOTIONS & MOTIVATION

(13 hrs)

Emotion: Meaning and definition

Classification of Emotions - primary and secondary

Responses to Emotions - physiological, behavioural, psychological and cognitive

Theories of Emotions - physiological, neurological, cognitive

Emotional Intelligence - meaning, definition, components, Application of emotional intelligence

Motivation: Meaning, definition, Basic concepts - instincts, needs, drives, incentives, motivational cycle

Types of Motivation - Biological Motives & Social Motives: Abraham Maslow-Need hierarchy theory

UNIT II: INTELLIGENCE

(13 hrs)

Meaning, Definition and factors influencing - Heredity and Environment

Theories –Spearman’s Two factor theory; Cattell’s theory of crystallized and fluid intelligence; Gardner’s theory of multiple intelligences

Concept of IQ, Classification of IQ: Normal probability curve, Extremes of intelligence – Gifted and mentally challenged

Assessment of Intelligence and uses

UNIT III: THINKING & REASONING

(13 hrs)

Introduction to Cognition

Introduction to Thinking and Problem Solving Process

Elements of Thinking and Types of Thinking

Creative and Critical thinking: Meaning and types

Concept Formation: Meaning, importance and process of concept formation

Problem Solving: Meaning, importance, steps and obstacles

Reasoning and Decision Making

UNIT IV: PERSONALITY

(13 hrs)

Meaning and definition; Theories of personality - Type and trait

Dynamic-Sigmund Freud, Carl Jung; Behavioural-Eysenck's dimensions of personality;

Mc Crae and Costa's Big Five factors, Humanistic- Roger's theory of Self-

Actualization

Assessment of Personality and uses

Books for Reference:

- Baron, R. A. (2014). Psychology (5th ed.). Delhi: PHI Learning Pvt. Ltd.
- Feldman, R. S. (2018). Understanding Psychology (14th ed.). New York: McGraw Hill.
- Hergenhahn, B. R., & Henley, T. (2013). An Introduction to the History of Psychology. USA: Wadsworth Cengage Learning.
- Hilgard, E. R., Atkinson, R. C. & Atkinson, R. L. (2015). Introduction to Psychology. (16th ed.). Boston: Cengage Learning.
- Malim, T. (2017). Introductory Psychology. Macmillan International Higher Education.
- Morgan, C. T., King, R. A., Weisz, J. R., & Schopler, J. (2001). Introduction to Psychology. (7th ed.). Chennai: McGraw- Hill Education (India) Pvt. Ltd.

