

YEAR	NAME OF THE TEAMS	ACHIEVEMENTS
1980-81	KABADDI (M)	For the first time in the Sporting History of Roshni Nilaya, a Men KABADDI Team Participated in the District Level Kabaddi Tournament.
1981-82	KABADDI (M)	Men's KABADDI Team Participated in the District Level Kabaddi Tournament secured Fifth place.
1982-83	KARATE FOR WOMEN	Karate Class was started in Roshni Nilaya on 13th July 1982.
1983-84	KARATE FOR WOMEN	Students received different Belts for various Levels like District, Division, State & National in Karate Competition.
1984-85	WEIGHT LIFTING(M)	For the first time in the Sporting History of Roshni Nilaya, Men Weight Lifting Participated in District Level Weight Lifting competition in the Men's category.
1987-88	BASKETBALL (M&W)	<ul style="list-style-type: none"> Roshni Nilaya upgraded its Sports facility with a Basketball Court For the first time in the Sporting History of Roshni Nilaya, Men's & Women's BASKETBALL Team Participated in Mangalore University Inter Collegiate Tournament at Gonikoppal (Kodagu). Roshni Nilaya held the Winner's trophy in 'District Dasara Sports Meet' Basketball Tournament Roshni Nilaya was Runners up in 'Dr. Baskar Rao Memorial Trophy' Basketball Tournament.
	TABLE TENNIS (M&W)	<ul style="list-style-type: none"> For the first time in the Sporting History of Roshni Nilaya, Men's & Women's TABLE TENNIS Team Participated in Mangalore University Inter Collegiate Tournament and reached the Semi Finals. Roshni Nilaya was placed Runners up in YMCA Table Tennis Tournament. Roshni Nilaya was placed Runners up in Udupi Rotaract Table Tennis Tournament.
	THROWBALL (W)	<ul style="list-style-type: none"> For the first time in the Sporting History of Roshni Nilaya, Women's THROWBALL Team Participated in Indira Gandhi Memorial Inter Collegiate Tournament and reached the Semi Finals.
	VOLLEYBALL (W)	<ul style="list-style-type: none"> For the first time in the Sporting History of Roshni Nilaya, Women's VOLLEYBALL Team Participated in local Tournament.

1989-90	VOLLEYBALL (W)	<ul style="list-style-type: none"> Roshni Nilaya was placed Runners up in 'District Dasara Sports Meet' Volleyball Tournament.
	BASKETBALL (W)	<ul style="list-style-type: none"> Roshni Nilaya held the Winner's Trophy in 'District Dasara Sports Meet' Basketball Tournament.

1990-91	BASKETBALL (W)	<ul style="list-style-type: none"> Roshni Nilaya held the Winner's trophy in 'Dr. Bhaskar Rao Memorial Trophy' Basketball Tournament. Roshni Nilaya was placed Runners up in District Level women's Festival held at Mangala Stadium and Roshni Nilaya. The college Basketball team reached the Semi finals in the Dasara Sports Meet Basketball Tournament held at Mysore. With the funds provided by UGC, sporting facilities were upgraded with courts in Basketball, Volleyball, Ball Badminton and Shuttle Badminton. The Basketball Court was upgraded into a RCC court.
	VOLLEYBALL (W)	<ul style="list-style-type: none"> Roshni Nilaya was placed Runners up in District Level Volleyball Women's Festival held on 27th and 28th November 1990 at Mangala Stadium.
	TABLE TENNIS (W)	<ul style="list-style-type: none"> The college Table Tennis team reached the Semi finals in the Mangalore University Inter Collegiate Table Tennis Tournament at Moodbidri.

1991-92	BASKETBALL (W)	<ul style="list-style-type: none"> Roshni Nilaya held the Winner's Trophy in 'Dr. Baskar Rao Memorial Trophy' Basketball Tournament. Roshni Nilaya was placed Runners up in the Dasara Sports Meet Basketball Tournament held at Mangala stadium. Roshni Nilaya was placed Runners up in District Level Women's Festival Basketball Tournament at Roshni Nilaya.
	VOLLEYBALL (W)	<ul style="list-style-type: none"> Roshni Nilaya secured Fourth Position in League Matches organised by Volleyball Association Mangalore at Mangala Sports, Urva, Mangalore.
	THROWBALL (W)	<ul style="list-style-type: none"> The college Throwball Team Participated in the Mangalore University Inter Collegiate Throwball Competition at St Mary's College Shirva and reached the Semi Finals.

1992-93	BASKETBALL (W)	<ul style="list-style-type: none"> Roshni Nilaya was placed Runners up in ‘Dr. Baskar Rao Memorial Trophy’ Basketball Tournament. Roshni Nilaya was placed Runners up in ‘Joyce Pais Memorial Trophy’ Basketball Tournament. Roshni Nilaya placed Runners up in ‘Dasara Sports Meet’ Basketball Tournament. Roshni Nilaya held the Winner’s Trophy in District Level Women’s Festival Basketball Tournament.
	SHUTTLE BADMINTON(W)	<ul style="list-style-type: none"> For the first time in the Sporting History of Roshni Nilaya, Women’s SHUTTLE BADMINTON Team Participated in District Level Shuttle Badminton Tournament.
	VOLLEYBALL (W)	<ul style="list-style-type: none"> Roshni Nilaya was placed Runners up in ‘Dasara Sports Meet’ Volleyball Tournament Roshni Nilaya held the Winner’s Trophy in Taluk Level Volleyball Tournament
	THROWBALL (W)	<ul style="list-style-type: none"> Roshni Nilaya held the Winner’s Trophy in Mangalore Taluk Inter Collegiate Level Throwball competition Organised by Roshni Rotaract Unit. Roshni Nilaya was placed Runners up in ‘G.C.M Trophy’ held at Government College ground, Hampankatta, Mangalore.
	TABLE TENNIS (W)	<ul style="list-style-type: none"> Roshni Nilaya was placed Runners up in District Level Women’s Festival, Table Tennis Tournament.

1993-94	VOLLEYBALL (W)	<ul style="list-style-type: none"> Roshni Nilaya Reached the Semi finals in Mangalore University Inter collegiate Volleyball Tournament.
	TABLE TENNIS (W)	<ul style="list-style-type: none"> Roshni Nilaya was placed Runners up in YMCA Table Tennis Tournament.

1994-95	BASKETBALL (W)	<ul style="list-style-type: none"> Roshni Nilaya was placed Runners up in ‘Dr. Baskar Rao Memorial Trophy’ Basketball Tournament Held at St Aloysius College, Mangalore. Roshni Nilaya was placed Runners up in ‘Joyce Pais Memorial Trophy’ Basketball Tournament Held at St Aloysius College, Mangalore.
	TABLE TENNIS (W)	<ul style="list-style-type: none"> Roshni Nilaya was placed Runners up in Mangalore University Inter Collegiate Table Tennis Tournament.

1995-96	VOLLEYBALL (W)	<ul style="list-style-type: none"> Roshni Nilaya was placed Runners up in Taluk Level 'Dasara Sports Meet' Volleyball Tournament.
	BASKETBALL (W)	<ul style="list-style-type: none"> Roshni Nilaya held the Winner's Trophy in 'Dr. Baskar Rao Memorial Trophy' Basketball Tournament. Roshni Nilaya held the Winner's Trophy in 'Joyce Pais Memorial Trophy' Basketball Tournament. Roshni Nilaya held the Winner's Trophy in District Level 'Dasara Sports Meet' Basketball Tournament. The college team was selected for State Level Basketball Tournament at Mysore. The college team was selected for the State Level Women's Festival Basketball Tournament at Bijapur.
	TABLE TENNIS (W)	<ul style="list-style-type: none"> Roshni Nilaya was placed Runners up in Mangalore University Inter collegiate Table Tennis Tournament held at St Agnes College, Mangalore. Ms. Preeth Ganapathi from I MSW, Ms. Pavithra Gowda & Ms. Kanchana B.C from I BA represented the college.

1999-00	HANDBALL (W)	For the first time in the Sporting History of Roshni Nilaya, Women's HANDBALL Team Participated in Mangalore University Inter collegiate Handball Competition at K.R.E.C Mangalore and Secured the Runners up .
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2000-01	BASKETBALL (W)	Mangalore University Basketball Coaching Camp was organised in Collaboration with the Dept. of Physical Education. Mangalore university at Roshni Nilaya.
	VOLLEYBALL (M)	For the first time in the Sporting History of Roshni Nilaya, Men's VOLLEYBALL Team Participated in District Level 'Dasara Sports Meet'.

2001-02	BASKETBALL (M&W)	Roshni Nilaya Men's & Women's Basketball Team reached Semi finals in Mangalore University Inter Collegiate Basketball Tournament held at K.R.E.C Surathkal Mangalore.
	SWIMMING (W)	For the first time in the Sporting History of Roshni Nilaya, Women's Aquatics Team Participated in Mangalore University Inter collegiate Aquatics Competition at K.R.E.C Surathkal Mangalore. Ms DEEPA Mendon won Bronze Medal in 400Mts Free Style & 50Mts Free Style.

2002-03	HANDBALL (W)	Roshni Nilaya participated in Mangalore University Inter collegiate Handball competition at S.D.M College Ujire, Mangalore and Secured the Runners up .
	BASKETBALL (W)	Roshni Nilaya was placed Runners up in 'Mr. And Mrs.Madhusudhan Kushe Memorial Trophy' Inter Collegiate Basketball Tournament at St Agnes College, Mangalore.
	SHUTTLE BADMINTON(M)	For the first time in the Sporting History of Roshni Nilaya, Men's SHUTTLE BADMINTON Team Participated in District Level 'Dasara Sports Meet' Shuttle Badminton Tournament.

2003-04	KHO-KHO (W)	For the first time in the Sporting History of Roshni Nilaya, Women's KHO-KHO Team Participated in District Level 'Dasara Sports meet' and reached the semi-finals .
	POWERLIFTING (W)	For the first time in the Sporting History of Roshni Nilaya, Women's POWERLIFTING team Participated in Mangalore University Inter-collegiate Power lifting Competition at SDM CBM College, Mangalore.
	KABADDI (W)	For the first time in the Sporting History of Roshni Nilaya, Women's KABADDI Team Participated in District Level 'Dasara Sports Meet' Two Kabaddi players were Selected for National Level Beach Kabaddi Tournament.
	MULTI GYM	The UGC Grant enabled up gradation of Sports facilities for students and a Multi Gym provided for.
	YOGA CLUB	Yoga club for students as well as staff was found in year 2003-04

2004-05	SOFTBALL(M)	For the first time in the Sporting History of Roshni Nilaya, Men's SOFTBALL TEAM Participated in Mangalore University Inter collegiate Softball Competition at Milagres College Kallyanpur, Udupi.
	WEIGHT LIFTING (W)	For the first time in the Sporting History of Roshni Nilaya, Women's WEIGHTLIFTING team Participated in Mangalore University Inter-collegiate Power lifting Competition at St.Mary's College Shirva and Secured Runners up .

2005-06	YOGASANA (M&W)	For the first time in the Sporting History of Roshni Nilaya, our college Participated and Organised Mangalore University Inter collegiate Yogasana Competition for both Men & Women . Roshni Nilaya Men's Yogasana team secured Fourth Place in the Mangalore University Inter collegiate Yogasana Competition.
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2007-08	YOGASANA (M&W)	Roshni Nilaya Participated and Organised Mangalore University Inter collegiate Yogasana Competition for both Men & Women. Roshni Nilaya Men's Yogasana team secured Bronze Medal in the Mangalore University Inter collegiate Yogasana Competition.
	SHUTTLE BADMINTON(W)	Roshni Nilaya was placed Runners up in the District Level 'Dasara Sports Meet' Shuttle Badminton Tournament.
	ATHLETICS BASKETBALL VOLLEYBALL	Six students From the college attended coaching in athletics, Basketball and volleyball held in Coimbatore and Chennai organised by the Campus Crusade Coordinator Mr. Isaac. International Coaches Trained them During Summer Vacation for Ten Days.
2008-09	YOGASANA (M&W)	Roshni Nilaya Organised Mangalore University Inter collegiate Yogasana Competition for both Men & Women. Roshni Nilaya held the Winner's Trophy in Women's section & Men's in Mangalore University Inter-collegiate Yogasana Competition.
	ATHLETICS BASKETBALL VOLLEYBALL	Six students From Roshni Nilaya attended coaching in athletics, Basketball and volleyball held in Chennai and Coimbatore. This was organised by the Campus Crusade Coordinator Mr. Isaac. International Coaches Trained them During Summer Vacation for Ten Days.
	CRICKET (M)	For the first time in the Sporting History of Roshni Nilaya, Men's CRICKET team participated in Mangalore University Inter-collegiate Cricket Competition at Nehru Maiden, Mangalore
	FOOTBALL (M)	For the first time in the Sporting History of Roshni Nilaya, Men's FOOTBALL team participated in District Level 'Dasara Sports Meet' at Football Ground Nehru
2009-10	YOGASANA	Roshni Nilaya organised Mangalore University Inter collegiate Yogasana Competition for both Men & Women.

2010-11	YOGASANA (W)	Roshni Nilaya participated in Mangalore University Inter-collegiate Yogasana Competition at Meridian College, Ullal and SDM College, Ujire, Mangalore and were placed Runners up .
	KHO-KHO (W)	Roshni Nilaya participated District Level 'Dasara Sports meet' Kho-Kho competition and were placed Runners up in the Tournament held at Mangala Stadium Mangalore.
	FOOTBALL (M)	Roshni Nilaya participated District Level 'Dasara Sports Meet' Football Competition and we were placed Runners up in the Tournament held in the Football Ground Nehru Maiden Mangalore.
	SHUTTLE BADMINTON(W)	Roshni Nilaya participated District Level 'Dasara Sports Meet' Shuttle Badminton Competition and we were placed Second at the Tournament held in Mangala Stadium, Mangalore

2013-14	SHUTTLE BADMINTON(W)	Roshni Nilaya participated District Level 'Dasara Sports Meet' Shuttle Badminton Tournament and Secured the Runners up held at Mangala Stadium, Mangalore
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2016-17	KESARUGADDE	For the first time in the Sporting History of Roshni Nilaya, Kesarugadde Rural Sports for U.G & P.G Students at Allipade Bantwal Mangalore was organised.
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2017-18	SHUTTLE BADMINTON(W)	Roshni Nilaya participated in the Mangalore University Inter collegiate Shuttle Badminton Tournament, held at SDM (BBM), Mangalore. In the Women's category Roshni Nilaya was the Preliminary round Winner and reached the Quarter Finals in the Champions round and secured overall Fifth position.
	AQUATICS (M&W)	For the first time in the Sporting History of Roshni Nilaya, Men's Aquatics Team Participated in Mangalore University Inter-collegiate Aquatics competition at GFGC Women's College, Puttur, Mangalore and Secured Fourth Place in Women's category
	KESARUGADDE	Roshni Nilaya organised Kesarugadde Rural Sports for U.G & P.G in collaboration with Dept of Rural Development and NSS Unit at Konaje, Mangalore
	CRICKET (M)	For the first time in the sporting history of Roshni Nilaya, Mangalore University Inter Collegiate and Inter Zone Cricket Tournament was conducted for Men at various Grounds (Father Muller Deralakatte, N.I.T.K Surathkal, N.M.P.T Panambur} in collaboration with Karnataka State Cricket Association, Mangalore Zone.
	SPORTS GAURAV	For the first time in the Sporting History of Roshni Nilaya, Sports Felicitation Programme in the Name of " SPORTS GAURAV " for Sports Achievers of UG and PG Department in the various sporting fields was held at Maria Paiva Hall.

2018-19	AQUATICS (M&W)	Roshni Nilaya participated in Mangalore University Inter-collegiate Aquatics Competition at GFGC College Carstreet, Mangalore and Secured Champions Position . Team Members were Ms.Merula Joy Pinto, Ms. Gwyneth C.Picardo, Ms.D'souza Donna Sharon, Ms.Carol S Fernandes, Ms.Anushka R Bhagath Ms Ashmita Rao, Ms. Shravya, Ms. Ayesha Saifuddin and Ms. Gayathri Krishna
	SHUTTLE BADMINTON (W)	Participated in the Mangalore University Inter-collegiate Shuttle Badminton Tournament, held at SDM (BBM), Mangalore and secured the Third Place in the Women's section in the Preliminary round. Roshni Nilaya reached the quarter finals in the Champion's round and was placed Sixth in the tournament.
	WRESTLING (M&W)	For the first time in the Sporting History of Roshni Nilaya, Men's & Women Wrestling Team Participated the Mangalore University Inter collegiate Wrestling Competition, held at Sri Gokarnatheshwara College, Mangalore, Women's Section secured Seventh Position, Men's Section secured Eight Position.
	BASKETBALL (W)	For the first time in the Sporting History of Roshni Nilaya, Mangalore University Inter-collegiate Basketball Championship for Women was organised at Yenepoya (Deemed to be University) Sports Complex Deralakatte, Mangalore
	BEST PHYSIQUE (M)	For the first time in the Sporting History of Roshni Nilaya, Men's Best Physique Team Participated in the Mangalore University Inter collegiate Best Physique Competition, held at St Mary's College Shirva.
	POWERLIFTING (M)	For the first time in the Sporting History of Roshni Nilaya, Men's POWER LIFTING team Participated in Mangalore University Inter-collegiate Power lifting Competition held at St Mary's College Shirva, Mangalore
	TENNIS (M&W)	For the first time in the Sporting History of Roshni Nilaya, Men's & Women's Lawn Tennis Team Participated in Mangalore University Inter-collegiate Tennis Tournaments held at S.D.M college, Ujire and secured Six Position in both MEN's & WOMEN's section
	AWARD	Roshni Nilaya, Department of Sports, received a Trophy from Honourable Registrar of Mangalore University Dr.A.M Khan for TOP-FIVE OUTSTANDING SPORTS ACHIEVEMENTS COLLEGES AWARD 2019 .
	Sports GAURAV	Roshni Nilaya organised Sports Felicitation Programme for Sports Achievers of UG and PG Department in various sporting activities in Maria Paiva Hall.

2019-20	CRICKET (W)	For the first time in the Sporting History of Roshni Nilaya, Women's CRICKET Team Participated in Mangalore University Inter-collegiate Cricket Tournament held at St Aloysius College Mangalore 02 nd , and 03 rd March 2019 secured the THIRD RUNNER UP .
	AQUATICS (M&W)	Roshni Nilaya participated in Mangalore University Inter-collegiate Aquatics Competition at G.F.G.C Vittal, Mangalore and secured Third Position in women's section.
	WRESTLING (M)	Roshni Nilaya participated in Mangalore University Inter collegiate Wrestling Competition, held at G.F.G College, Carstreet, Mangalore and Secured Fifth Position in Men's section.
	SHUTTLE BADMINTON (M&W)	Roshni Nilaya participated and secured Runners up Position in Men's & Women's section, N.I.T.K Diamond Jubilee Cup 2019 Inter-Collegiate Competition, held at N.I.T.K Surathkal.
	VOLLEYBALL & KABADDI COURT	Up gradation of sports facilities in volleyball and Kabaddi courts which was funded by the college Management.
	FOOTBALL (W)	For the first time in the Sporting History of Roshni Nilaya, Women's FOOTBALL Team Participated in Mangalore University Inter-collegiate Football Tournament at Meridian College, Ullal, Mangalore.
	WEIGHT LIFTING (W)	Roshni Nilaya participated in Mangalore University Inter-collegiate Weight Lifting Competition at S.D.M College Ujire secured Fourth Position .